

Pharmacy Prep

PEBC Qualifying Exam Part 1 [MCQ]

Comprehensive Study Plan & Course Guide

A strategic roadmap for pharmacy graduates.

Prepared by Dr. Misbah Biabani & Pharmacy Prep Team

By



Why Pharmacy Prep? Decades of Proven Success



Trusted Leader

The undisputed leader with over 25 years of experience helping thousands of students pass the PEBC exams.



Expert Guidance

Course content led by Dr. Misbah Biabani, PhD—your dedicated pharmacy exam expert.



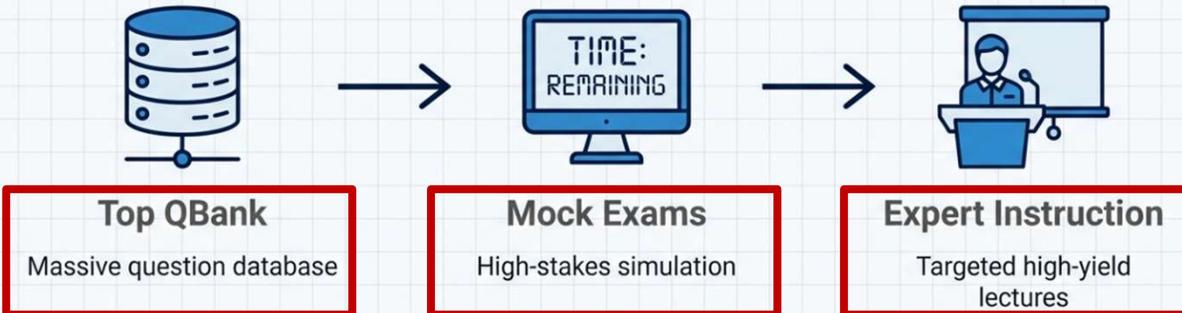
Proven Methodology

Structured courses and materials strictly aligned to the latest PEBC blueprint.

Closing the Gap with Pharmacy Prep

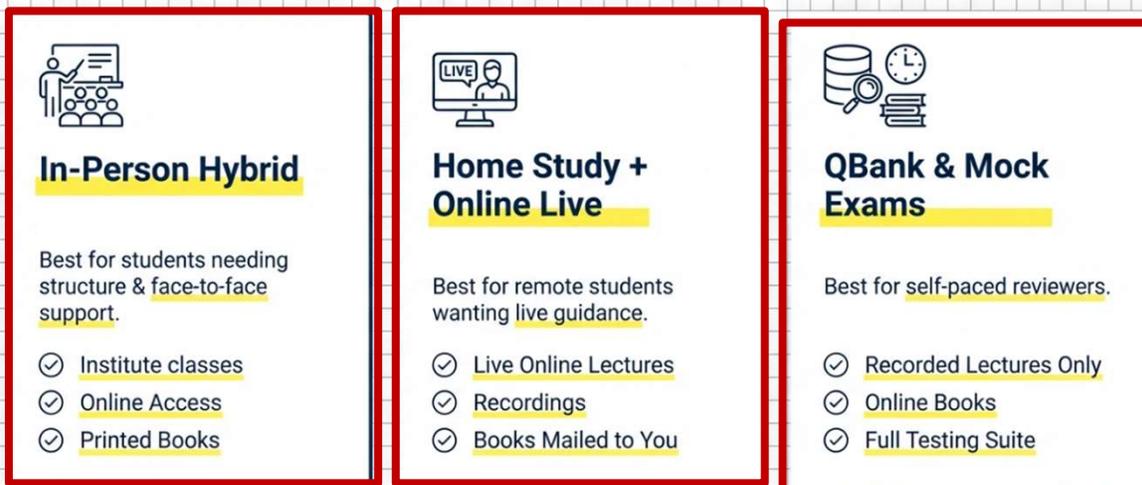
25+ years of leadership in Canadian pharmacy licensure.

Execution Path



"We take the guesswork out of the study plan." — Led by Dr. Misbah Biabani

Qualifying Exam MCQ Prep Course Explained



Flexible Lecture Delivery

Access content your way—from anywhere.

Hybrid In-Person

Visit the institute for face-to-face instruction + Get full online access.

Online Live



Join interactive lectures in **real-time**. Ask questions and **engage** from home.

Recorded



Access weekly recorded sessions at your **own pace**. Rewind and review **anytime**.

All formats allow access from any device, everywhere.

Testing & Simulation: Practice Like It's Real

Build critical thinking and familiarize yourself with the exam environment.



The QBank

Chapter-wise Q&A: Detailed explanations and solving strategies for every single question. Build **critical thinking skills**.



CBT & Mock Exams

Computer-Based Testing (CBT): Familiarize yourself with the actual exam interface and **timing constraints**.

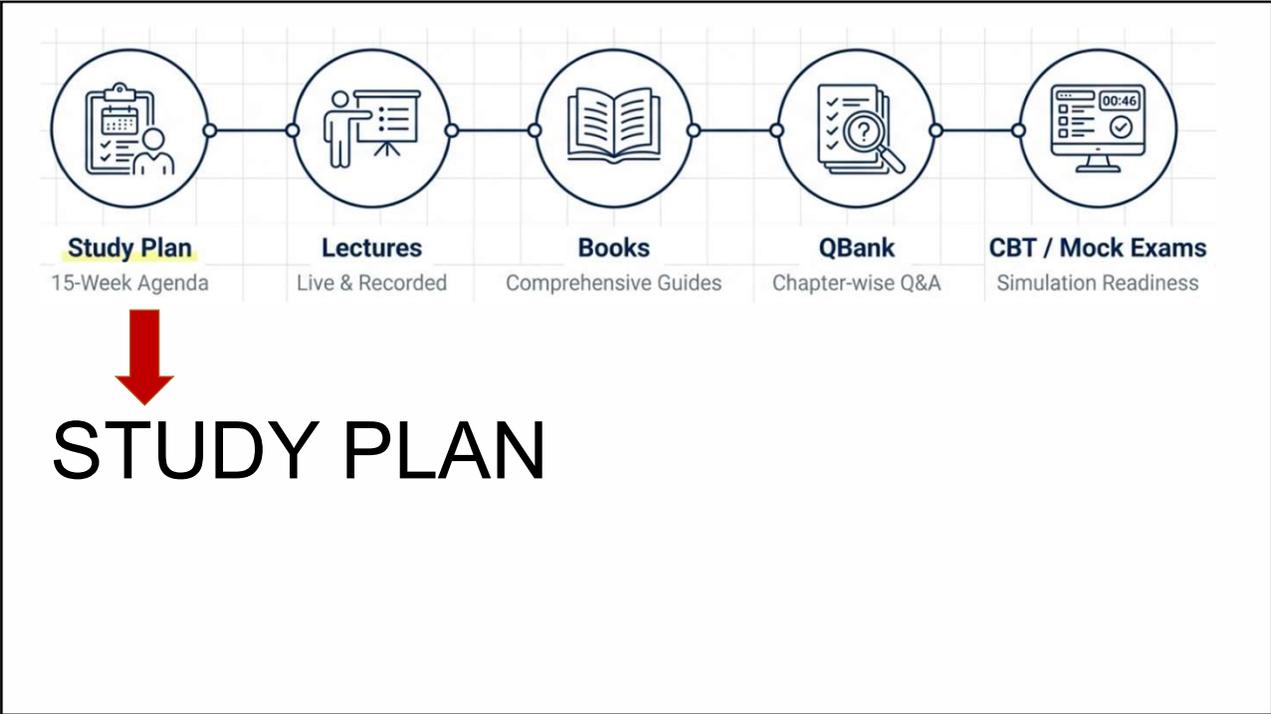
Mock Exams: Full-length simulations to **identify knowledge gaps** and **assess readiness** before the big day.

Detailed Course Feature Matrix

Feature	In-Person Hybrid	Home Study + Live	QBank Only
Books	Printed & Online	Printed & Online	Online Only
Lecture Access	Live & Recorded	Live & Recorded	Recorded Only
Instructor Support	Unlimited In-Person	Live Online Q&A	Limited
QBank & Mocks	 Unlimited (1 Year)	 Unlimited (1 Year)	 Unlimited (1 Year)

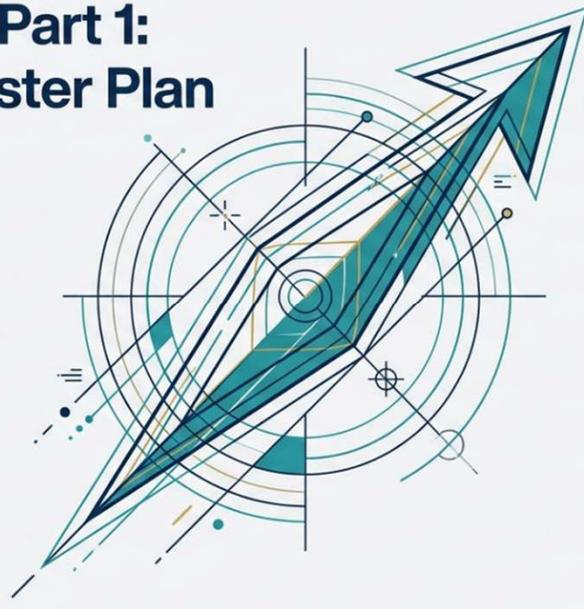
Pharmacy Prep The Learning Ecosystem





PEBC Qualifying Exam Part 1: The 2026 Strategic Master Plan

A 12-Week Execution Strategy Aligned to
the New Competency Blueprint.



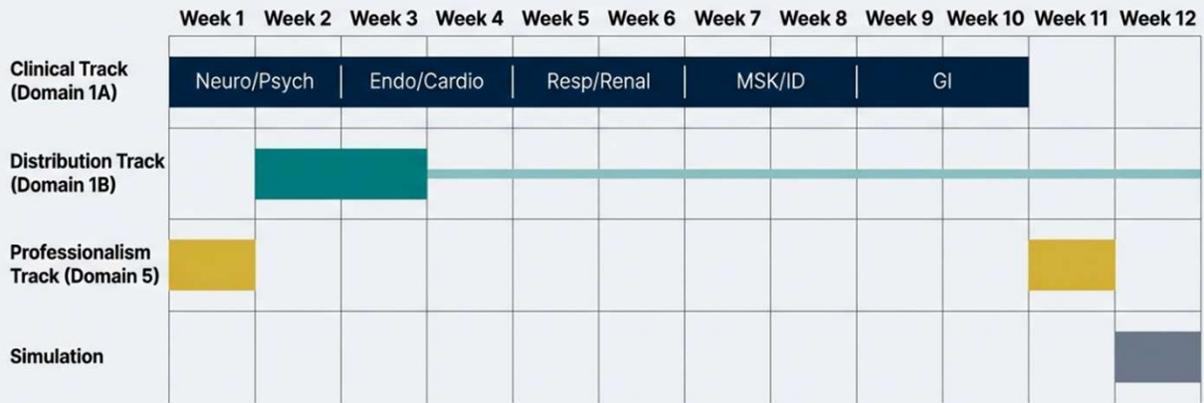
Study Plan

By



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The 12-Week Operational Timeline



Legend: ● Deep Navy = Domain 1A (Clinical Care) | ● Surgical Teal = Domain 1B (Providing Care - Distribution) | ● Professional Gold = Domain 5 (Professionalism) | ● Slate Grey = Simulation

The Blueprint Has Shifted. Your Strategy Must Adapt.

Old Structure
9 Competencies



New 2026 Blueprint
6 Domains

- 1A Clinical Care
- 1B Distribution
- 2 Health Systems
- 3 Public Health
- 4 Research
- 5 Professionalism

Key Insight:

The new exam structure dictates that study time must be proportional to domain weight, not just topic volume.

Domain 1A (Clinical Care): 50% **Domain 1B (Distribution): 20%** **Domain 5 (Professionalism): 12%**

Bottom line: 82% of your score relies on just three areas.

Follow the Points: Resource Allocation by Domain



Strategic Imperative: If you cannot manage disease states (1A) and verify prescriptions (1B), you cannot pass.

Domain 1A: Clinical Care is the primary driver of the assessment.

45%
of Total Exam Weight

50% of Part I (MCQ)
40% of Part II (OSCE)

Key Competencies

- Obtain relevant patient information (1.1)
- Assess health status, needs, goals, and preferences in partnership with the patient (1.2)
- Develop a care plan in collaboration with the patient and circle of care (1.3)
- Implement the care plan (1.4)
- Monitor and revise the care plan (1.5)

Domain 1B: Distribution focuses on accuracy, safety, and efficiency.

20%

of Total Exam Weight

20% of Part I (MCQ)

8% of Part II (OSCE)

Key Competencies

- Review and process prescriptions (1.6)
- Prepare products and preparations for dispensing (1.7)
- Verify accuracy and quality of products (1.8)
- Release verified products (1.9)
- Manage pharmacy inventory for safe distribution (1.10)



Study Plan

15-Week Agenda



Lectures

Live & Recorded



Books

Comprehensive Guides



QBank

Chapter-wise Q&A



CBT / Mock Exams

Simulation Readiness



BOOKS & RESOURCES

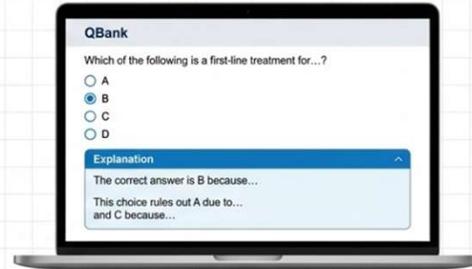
The Arsenal: Blueprint-Aligned Resources



Resource 1: The Review & Guide Books

Available in print and online.

Focused study guides specifically aligned to the PEBC blueprint domains—not generic pharmacology textbooks.



Resource 2: The QBank

Features chapter-wise questions with detailed rationales.

Benefit: We don't just provide the answer; we teach the critical thinking logic required to rule out distractors and solve complex clinical vignettes.

The 'Must-Answer' Methodology

Study Prioritization



Objective Mastery

Calculations & Pharmacokinetics.
High-value questions where accuracy must be 100%.



Conceptual Breakdown

Deconstructing complex therapeutics into simple, memorable rules.



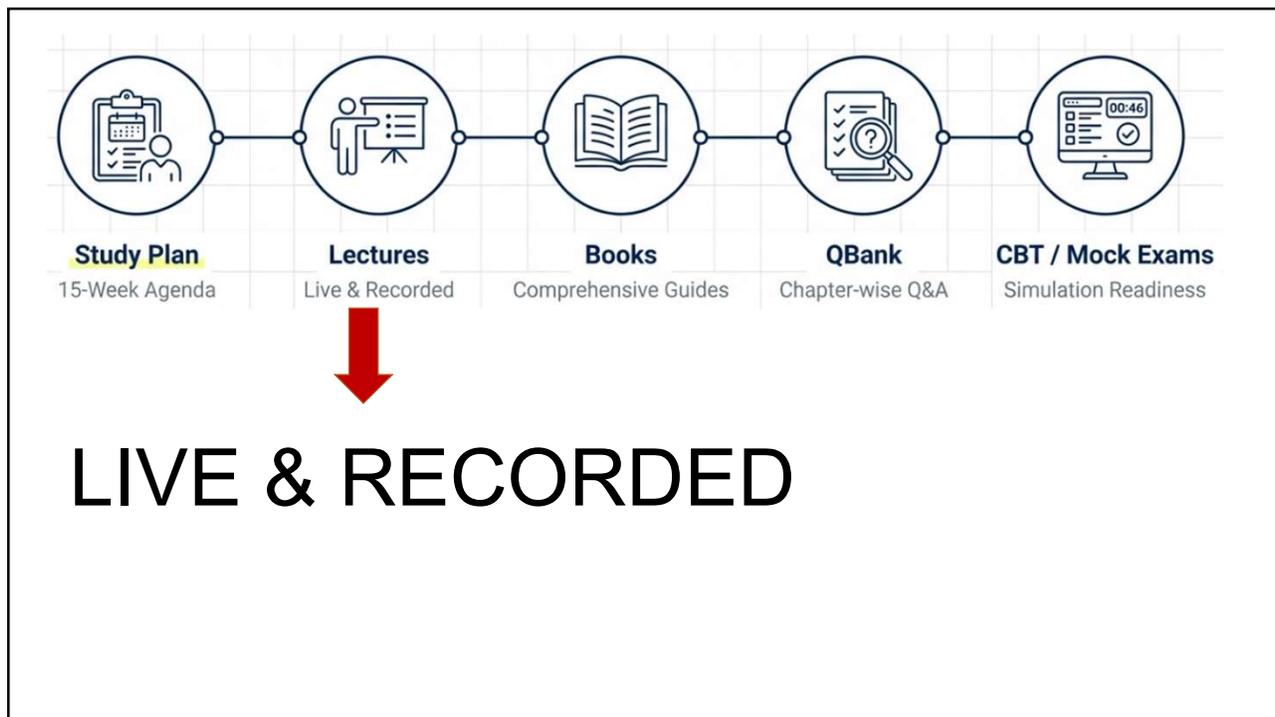
Active Recall

Spaced repetition techniques to ensure retention from Day 1 to Exam Day.



Routine & Rhythm

Structured daily plans. Weekly revision of notes + Weekly full-length practice tests.



Weeks 1–2: Establishing the Baseline

Clinical Focus: Psychiatric & Neurological

- Mood disorders, Anxiety, Psychosis, ADHD, Insomnia
- Seizures/Epilepsy, Parkinson's, Pain (acute/chronic)
- Migraine, Dementia

Study Focus

Prioritize contraindications, stepwise treatment algorithms, and therapeutic selection.

Secondary Track (Domain 5 Start)

Begin review of Canadian Healthcare System, Federal Regulations, and Ethics.

Weeks 3–4: The High-Volume Guidelines

Week 3 (Endocrine): Diabetes (T1, T2, DKA), Thyroid, Contraception, Obesity



Diabetes deal: Endocrins (T1, DKA), T2), Cansation, Obesity pro learn Thyroid-toriental diabetes (TDT), Contracepts precuntion, pronedure, and discunant surgical guid codes.

Week 4 (Cardiovascular): Hypertension, Dyslipidemia, ACS/ Post-MI, Heart Failure, Stroke, Arrhythmias, VTE



Heart Failure (Cardiovascular): Hypertension, Dyslipidemia, ACS/Post-MI, Heart Failure, Stroke, Arrhythmias, Hypertailure, nirginoscisis, VTE Attendance, obesity.

CRITICAL OVERLAP: Domain 1B (Distribution)

Weeks 2-3 Focus: While studying Endocrine, you must simultaneously master Distribution topics (Sig codes, Prescription review, Calculations).

Weeks 5–6: Systemic Regulation & Special Populations

Week 5: Respiratory



- Asthma, COPD
- Allergic rhinitis
- Minor ailments (cough)

Week 6: Renal / Hepatic



- CKD
- Liver diseases

Week 6: Reproductive



- Gynecological disorders
- Urinary incontinence



RED FLAG TOPIC: Drugs in Pregnancy & Lactation

This crosses multiple systems but is reviewed centrally here for safety protocols.

Weeks 7–9: Acute Care & Infectious Disease

Week 7 (MSK & Derm)

- Osteoarthritis, RA, Gout, Osteoporosis.
- Acne, Psoriasis, Dermatitis.

Weeks 8-9 (Infectious Disease - The Deep Dive)

- Core: Antibiotic spectrum & stewardship
- Conditions: Pneumonia, UTI, CNS infections, Endocarditis, SSTIs
- Complex: HIV, TB, Malaria, Lyme



Weeks 10–11: GI, Leadership & The Public Health Transition



Week 10: Gastrointestinal

- PUD, IBD, IBS, Constipation, Nausea.



Week 11: Domain 4 - Leadership & Stewardship

- Health promotion, Smoking cessation, Immunization, Travel medicine.
- Public health initiatives.



Week 11: Domain 5 Wrap-up

- Cultural competency, EDI, Quality & Safety.

Domain 1B: The Operational 20% You Cannot Ignore

Distribution is the second largest domain. It represents the technical safety of pharmacy practice.



Foundational domains underpin all aspects of practice.

Knowledge & Expertise (9%)

11% MCQ / 7% OSCE

Focus: Using professional judgment to make their judgment to make evidence-informed decisions (2.2).

Leadership & Stewardship (3%)

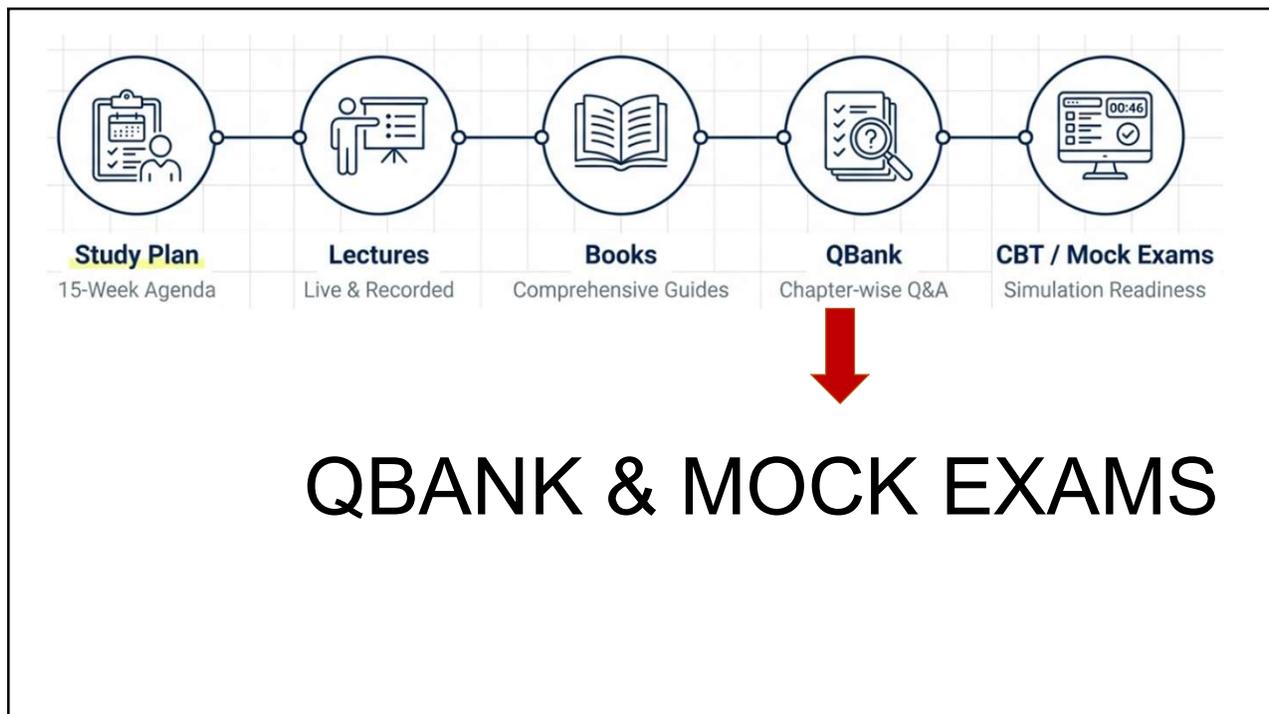
3% MCQ / 3% OSCE

Focus: Promoting public and community health and wellness (4.2).

Professionalism (13%)

12% MCQ / 14% OSCE

Focus: Ethics (5.2), legislation (5.1), EDI (5.4), and safety culture (5.5).



Simulation is the Highest Form of Practice

Computer-Based Testing (CBT) Preparation

The Reality:
The real exam is digital. Practicing solely on paper creates a 'medium gap' that costs points on exam day.

The Solution:
Pharmacy Prep CBT Simulations replicate the official interface, familiarizing you with navigation, timing, and screen fatigue to eliminate the surprise factor.

Week 12: Simulation & Stamina

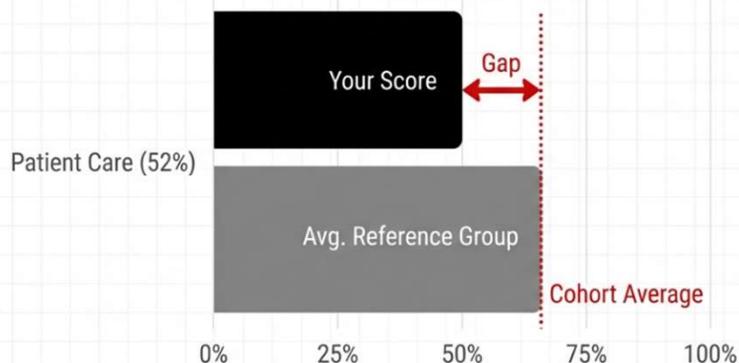
Objective: Replicate the exam environment to build endurance.

- ✓ 2 Full-Length Simulations (Strictly Timed)
- ✓ Blueprint Analysis (Review results by domain weight)
- ✓ Targeted Remediation (Focus only on weak domains)



Interpreting Relative Performance

The reference group average is NOT the passing score.



Decoding the Bars:

- **Black Bar:** Your actual performance.
- **Grey Bar:** The average score of first-time writers (The Reference Group).
- **The Trap:** Many students believe hitting the grey bar means passing. It does not. The passing score is a criterion-referenced standard, often higher or distinct from the average.

Warning: Competency areas have different weightings. Outperforming the average in a 3% domain does not compensate for underperforming in a 52% domain.

Strategic Preparation

Personal Performance



Target the Majors. Close the Gap.



Unified Target

Reference Cohort

Success requires identifying the dominant weighting in the specific examination form and minimizing the gap between personal performance and the reference cohort in those critical "Major Bars".

Zoom-In: comparison chart provided bvis for two key categories.



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